



Raising vital funds for

**CHILDREN'S
HEART SURGERY
FUND**



Track your progress

Write the distance you walk each day in September, and track how close you are to completing the 125km STEPtember challenge!

Day 1



Total so far: _____

Day 2



Total so far: _____

Day 3



Total so far: _____

Day 4



Total so far: _____

Day 5



Total so far: _____

Day 6



Total so far: _____

Day 7



Total so far: _____

Day 8



Total so far: _____

Day 9



Total so far: _____

Day 10



Total so far: _____

Day 11



Total so far: _____

Day 12



Total so far: _____

Day 13



Total so far: _____

Day 14



Total so far: _____

Day 15



Total so far: _____

Day 16



Total so far: _____

Day 17



Total so far: _____

Day 18



Total so far: _____

Day 19



Total so far: _____

Day 20



Total so far: _____

Day 21



Total so far: _____

Day 22



Total so far: _____

Day 23



Total so far: _____

Day 24



Total so far: _____

Day 25



Total so far: _____

Day 26



Total so far: _____

Day 27



Total so far: _____

Day 28



Total so far: _____

Day 29



Total so far: _____

Day 30



TOTAL: _____

**Shout about your challenge
on social media - tag us in and
don't forget to use the hashtag
#StepUpForCHSF**